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Racquet Sports

Report Cards:

In an effort to conserve resources and harness the capacity of our electronic grade reporting program (PowerSchool) district schools will no longer print hard copies of report cards unless requested by individual parents. To request a hard copy of your student's report card, please contact the front

** NON-DRESSES MAY NOT BE MADE UP. Students who choose to repeatedly not dress outfor class will greatly diminish their chances of earning a passing grade.

Dress Out Policies:

Students <u>must</u> change their clothes for all physical education classes. They may wear shorts, t-shirts or sweats. Dark shorts (blue, red, black, dark green) with an elastic waistband, and a t-shirt (white/gray or a Mountain Ridge school shirt) are recommended, unless you have purchased a P.E. uniform from the school. Clothes with zippers, pockets, buttons and belt loops may not be worn for safety reasons. At no time are students permitted to wear MRHS athletic equipment to a P.E. class. Gym shoes must be worn at all times and students must be able to tie their shoelaces.

Students missing class because of a Sport or Game: ***All student athletes will dress-out for P.E. even on game days, if in class. Student/athletes must make up days missed.

Locker Room Policies:

- 1. Do not bring valuables to class. For example Ipods, cell phones, etc.
 - -NO PHONE ALLOWED IN CLASS, THEY MUST BE LOCKED UP IN THE LOCKER ROOM
- 2. Do not share lockers.
- 3. Lock and recheck your locks.
- 4. Profanity will not be tolerated.
- 5. Drinks must be consumed in the locker room after class.
- 6. No personal locks are allowed.
- 7. No horse play allowed in the locker room at any time.
- 8. Do not bring glass containers or bottles into the locker room.

Recommended Supplies for this Course:

Proper P.E. attire, see above.